

# BASIC ORTHOPAEDIC BIOSKILL WORKSHOP

(October 29<sup>th</sup> and 30<sup>th</sup>, 2010)

**Venue:**

**October 29<sup>th</sup> (2 pm – 6 pm)**

*Lecture Theatre, 5/F, Professorial Block, Queen Mary Hospital, No. 102, Pokfulam, Hong Kong.*

**October 30<sup>th</sup> (9 am – 1 pm)**

*S7 OPD, 7/F, Block S, Queen Mary Hospital, No. 102, Pokfulam Road, Hong Kong.*

\*\*\*\*\*  
***REGISTRATION REQUIRED***

Please contact Ms. Doris Lau at 2255-4581 for registration  
and car park reservation

Deadline of registration: September 4<sup>th</sup> 2010



Department of Orthopedics & Traumatology, The University of Hong Kong  
香港大學矯形及創傷外科學系



# **Basic Orthopaedic Bioskill Workshop October 2010**

**Date:** October 29<sup>th</sup> – 30<sup>th</sup>, 2010

**Venue:**

- October 29<sup>th</sup>, 2010 (Friday, 2 pm – 6 pm)
  - Lecture Theatre, 5/F, Professorial Block, Queen Mary Hospital, No. 102, Pokfulam Road, Pokfulam
- October 30<sup>th</sup>, 2010 (Saturday, 9 am – 1 pm)
  - S7 OPD, Specialist Block, Queen Mary Hospital, No. 102, Pokfulam Road, Pokfulam

**Organizers:**

- The Hong Kong College of Orthopaedic Surgeons
- Department of Orthopaedics and Traumatology, Queen Mary Hospital, The University of Hong Kong

**Course Co-ordinator:**

Dr Yau Wai Pan

**Content:**

- Cover three areas
  - Trauma
  - Hand
  - Arthroscopy
- Lectures
  - 3 hours with 12 lectures
  - Lectures
    - ◆ Trauma: 7 lectures
      - Principle of CR and Plastering
      - Internal fixation: Screws
      - Internal fixation: Plates and Tension Band Principles
      - Minimal Assess Biological Fixation
      - Principles of Intramedullary Nailing
      - Principles of External Fixation
      - Fractures of Hip
    - ◆ Hand: 3 lectures

- Introduction to Microsurgery – Artery repair
- Introduction to Microsurgery – Nerve repair
- Tendon repair
- ◆ Arthroscopy: 2 lectures
  - Introduction to Arthroscopy – Portals and Triangulation
  - Arthroscopic Knee Surgery
- Workshops
  - Three hours for six rotations (half hour each)
  - 2 candidates in each workshop
  - Workshop
    - ◆ Trauma: 3 workshops (Screw and Plate, Tension Band Principle, External fixator)
    - ◆ Hand: 2 workshops (Tendon repair, Use of Loupe and Nerve repair)
    - ◆ Arthroscopy: 1 workshop (loose body removal and meniscectomy)

**Enrollment limit:** 12

**Enrollment Deadline:** September 4<sup>th</sup> 2010

**Enquiry and Registration:**

Ms Doris Lau

Tel: 2255 4581

Fax: 2817 4392

Email: lws835a@ha.org.hk

## **Basic Orthopaedic Bioskill Workshop**

### **Registration Form**

Name: \_\_\_\_\_  
(First Name) (Last Name)

Hospital: \_\_\_\_\_

Correspondence  
address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Year of Experience \* BST / HOT (Year \_\_\_\_\_)

(\* Delete whenever appropriate)

#### *Parking*

There are only limited free parking spaces available for participants, and our parking reservation service are on first-come first-served basis. Please provide your car registration number to us and we will confirm with you as soon as possible.

Car registration no. \_\_\_\_\_

*Please e-mail your application form to:*

Ms Doris Lau ([lws835a@ha.org.hk](mailto:lws835a@ha.org.hk))

or fax to us at 2817 4392

***Result of successful application will be announced on September 10<sup>th</sup> 2010***